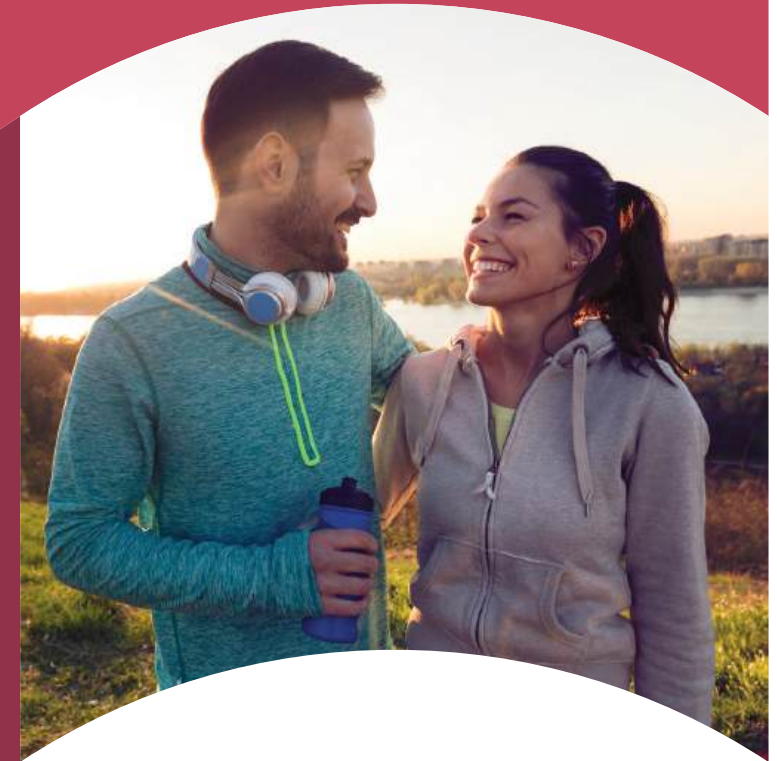


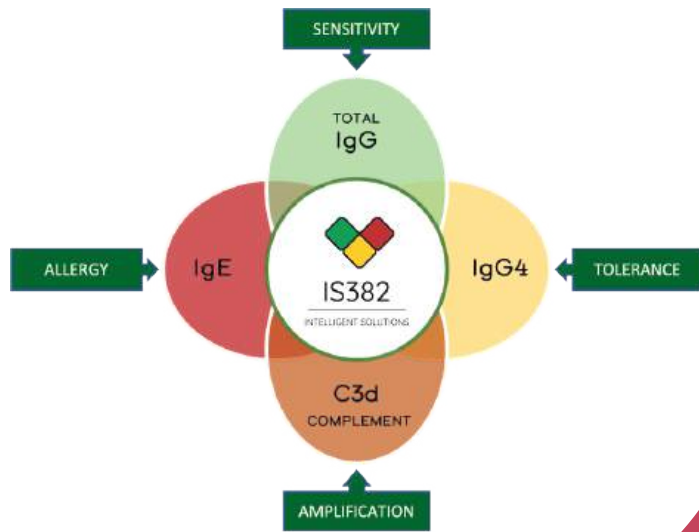
With the insights from the **IS382 COMPLETE** test your chiropractor can provide you with a blueprint for the ideal diet for your body. Imagine being able to eat with confidence, knowing exactly which foods help you thrive and which ones to avoid.

Ask your chiropractor about getting started with the IS382 COMPLETE test to uncover the foods that work best with your unique biology. It's the first step towards looking and feeling your best from the inside out.



What is the **IS382 COMPLETE** Test?

The IS382 COMPLETE is a comprehensive food allergy, sensitivity and tolerance test that analyzes your body's immune response to 382 different foods.



How the Test Works

The test is quick and easy, requiring only a small blood sample obtained through a painless finger prick that you can do at home. After your chiropractor orders the test for you, here are the steps:

1. You will receive a test kit with everything needed for sample collection
2. Following the instructions, use the lancet to prick your finger and collect a few drops of blood on the collection card
3. Mail the sample back to the lab in the prepaid envelope
4. The lab will analyze your sample, measuring immune reactions to 382 foods
5. A comprehensive report will be sent to your chiropractor in about 2 weeks

With a simple finger prick blood sample, this test measures four key biomarkers:

IgE (allergy)	IgG (sensitivity)	IgG4 (tolerance)
Complement activation (C3d) which can amplify reactions by 1,000-10,000x		

The IS382 COMPLETE is the only test on the market that looks at the C3d complement activation in addition to IgE, IgG and IgG4. This allows it to provide the most complete picture of your body's immune response to foods.

Benefits of the IS382 Test

The detailed results report makes it easy for your chiropractor to identify problem foods and develop a personalized nutrition plan to help:

- Determine the root causes of digestive issues, headaches, brain fog, skin problems, joint pain and other symptoms
- Lose weight more easily by avoiding inflammatory foods
- Increase energy levels
- Improve overall health and wellbeing

The report categorizes your immune reactions as low, moderate or high and provides both more and less restrictive elimination diet options. It also analyzes cross-reactions between similar food groups.

